

# August

# 2023

Monday	Tuesday	Wednesday	Thursday
<p>Let's Celebrate <b>AUGUST Birthdays</b></p> 	<p>1</p> <p>9-9:30 Coffee Talk/Maze Craze 9:30-10 Fittercise (Exercise CD) 10-11 Childhood Game: Tic Tac Toe 11-12</p>  <p>12-1 Lunch/Dismissal</p>	<p>2</p> <p>9-9:30 Coffee Talk/Spot the Difference 9:30-10 Walk With Ease 10-11 Just Saying 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>3</p> <p>9-9:30 Coffee Talk/Picture Find 9:30-10 Fit Thursday 10-11 Circle of Me! (Activity Sheet) 11-12</p>  <p>12-1 Lunch/Dismissal</p>
<p>7</p> <p>9-9:30 Coffee Talk/Word Search 9:30-10 Walk With Ease 10-11 Balloon Relay 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>8</p> <p>9-9:30 Coffee Talk/Maze Craze 9:30-10 Sittercise (Exercise CD) 10-10:30 Daily Living for Seniors (Devotional Reading &amp; Discussion) 10-10:30 Crossword Puzzle 10:30-11 Coloring for Seniors 11-12</p>  <p>12-1 Lunch/Dismissal</p>	<p>9</p> <p>9-9:30 Coffee Talk/Journaling (How do you enjoy your "me time"?) 9:30-10 Walk With Ease 10-11 Re-Entry Pass (WMSBG Co. Emergency Management) 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>10</p> <p>9-9:30 Coffee Talk/Picture Find 9:30-10 Fit Thursday 10-12 Popcorn Social</p>  <p>12-1 Lunch/Dismissal</p>
<p>14</p> <p>9-9:30 Coffee Talk/Word Search 9:30-10 Walk With Ease 10-11 Childhood Game: SOS 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>15</p> <p>9-9:30 Coffee Talk/Journaling (Do you have a childhood dream, which you want to fulfill now? What is that dream?) 9:30-10 Seatworks (Exercise CD) 10-11 Art &amp; Craft: Design A Flag (Activity Sheet) 11-12</p>  <p>12-1 Lunch/Dismissal</p>	<p>16</p> <p>9-9:30 Coffee Talk/Spot the Difference 9:30-10 Walk With Ease 10-11 You Be The Judge (Reading &amp; Group Discussion) 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>17</p> <p>9-9:30 Coffee Talk/Picture Find 9:30-10 Fit Thursday 9:30-12 Medicare &amp; You Community Health Information Fair (Town Of Kingstree Rec) 10-11 Goof Off Day 11-12</p>  <p>12-1 Lunch/Dismissal</p>
<p>21</p> <p>9-9:30 Coffee Talk/Word Search 9:30-10 Walk With Ease 10-11 Senior Citizens Day Celebration 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>22</p> <p>9-9:30 Coffee Talk/Maze Craze 9:30-10 Fittercise (Exercise CD) 10-10:30 Daily Living for Seniors (Devotional Reading &amp; Discussion) 10-10:30 Crossword Puzzle 10:30-11 Reminiscing: The Old Days 11-12</p>  <p>12-1 Lunch/Dismissal</p>	<p>23</p> <p>9-9:30 Coffee Talk/Journaling (What does self-love mean to you?) 9:30-10 Walk With Ease 10-11 BOGGLE (Word Activity Sheet) 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>24</p> <p>9-9:30 Coffee Talk/Picture Find 9:30-10 Fit Thursday 10-11 Outdoor Games 11-12</p>  <p>12-1 Lunch/Dismissal</p>
<p>28</p> <p>9-9:30 Coffee Talk/Word Search 9:30-10 Walk With Ease 10-11 Shipwrecked (Group Activity Sheet) 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>29</p> <p>9-9:30 Coffee Talk/Maze Craze 9:30-10 Sittercise (Exercise CD) 10-11 Art &amp; Craft: Tissue Paper Painting 11-12</p>  <p>12-1 Lunch/Dismissal</p>	<p>30</p> <p>9-9:30 Coffee Talk/Spot the Difference 9:30-11 Goof Off Day 11-12 Happy Hour (Board Games/Cards/Chat &amp; Catch Up/Sewing/Fitness Room/Wii) 12-1 Lunch/Dismissal</p>	<p>31</p> <p>9-9:30 Coffee Talk/Picture Find 9:30-10 Fit Thursday 10-11 1-Minute Talk (Group Activity) 11-12</p>  <p>12-1 Lunch/Dismissal</p>